



We realise that this situation is very frightening and things may happen quickly.

If you need help ring

Goldline on 01535 292768

Information for Carers looking after someone with major bleeding



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Information for Carers looking after someone with major bleeding

This leaflet is being given to you to support the conversations with professionals you have had. It is not intended to replace face to face communication with your medical and nursing team, and it is important that you feel able to ask if you have any concerns or unanswered questions.

Living and caring for a family member or friend who is at risk of a major bleed is potentially very frightening. This information is intended to help you know what to do if it happens.

If the bleed is large enough there is a possibility that your relative may not survive the bleeding episode, your aim would be to try and minimize any discomfort or distress they may experience.

What to do if your relative starts to bleed

The main priority is to stay with the person.

Try and stay calm if possible. Even a small amount of blood can look alarming. Dark towels or dressings can be used to stem the bleeding.



If this is a major bleeding episode, and your relative/ friend appears in any distress, then buccal Midazolam can be given to make them

less aware of what is happening. If this is not readily available don't worry, just continue to stay with them.

If you do not have buccal Midazolam or do not remember how to give it, or do not feel that you can, please do not worry and continue to stay with the person. Your presence will be reassuring

You can ring Goldline at anytime for help and support 01535 292768

What is buccal Midazolam?

It is a sedative medication and is given to make people more relaxed and less aware of what is happening.

How do I give buccal Midazolam?

- Place the tip of the syringe inside the mouth between the cheek and the gum. Do not place the whole syringe or anything else in the person's mouth.
- Give half the dose over 5 seconds on one side, and the remaining half of the dose over 5 seconds on the opposite side of the mouth.

How quickly does buccal Midazolam work? - 5-10 minutes.

Are there any side effects?

It can make people drowsy or become restless. It may very rarely slow down breathing.