



## **Palliative Care Services**

The information contained in this leaflet will answer some of the questions you and your family may have about palliative care in Bradford, Airedale, Wharfedale and Craven. If you have any further questions please do not hesitate to contact one of the services listed below.

### **What is Palliative Care?**

Palliative care is a term that is used to describe the care given to people who have an illness that is not possible to cure and may get worse over time. Patients may however be on treatment to slow the progression of the illness. The aims of palliative care are to help with pain or other troublesome symptoms and to look for ways of helping and supporting patients and their family and those important to them.

### **Who provides Palliative Care?**

Your GP, hospital doctors, nurses and other healthcare professionals should be able to work with you to help improve symptoms you may have and help you to cope with your illness. If they are finding it difficult to do this, they can invite a member of the specialist palliative care team to contribute to your care.

### **Specialists in Palliative Care**

You may meet a member of the specialist palliative care team at any stage of your illness. The team does not take over your care

(except in a hospice) but works closely with the professional looking after you in hospital or at home. Specialist palliative care provides expertise in symptom control as well as support and guidance to yourself and your family in coping with the overall situation.

## **Who are the Specialist Palliative Care Team?**

The team consist of healthcare professionals with experience in this area of care. Team members available to provide care include:

Specialist doctor	Nurse Specialist in Palliative Care
Social Worker	Counsellors
Secretary	Chaplaincy team
Psychologist	Physiotherapist
Complementary therapist	Occupational therapist
Liaison workers for South Asian patients	

## **Specialist Palliative Care Services**

Specialist palliative care services across Bradford, Airedale, Wharfedale and Craven districts are provided by several teams who work together. Your GP, district nurse or hospital team can put you in touch with these services. All the specialist teams have strong links with each other and whilst under the care of specialist palliative care services, your treatment will be discussed by the whole team to ensure that you receive the best possible care. With your consent, they will share access to your GP patient electronic records across the services. If you would like a written record of any consultation or visit please let your key palliative care professional know.

## **Who will have access to my Information?**

Palliative care records are held on the same electronic system your GP uses. This means that, with your consent, the palliative care team is able to view the records from other services that care for

you – and those services are in turn able to view the palliative care team’s records. The information in your record may also be used to help plan the best services in the future. If it is used in this way it will be made anonymous.

## **Airedale and Craven**

**Airedale Hospital Palliative Care Team** visit patients in Airedale Hospital Monday to Friday, between 9.00am and 5pm (excluding bank holidays).

**Telephone number:** 01535 292184

**Airedale, Wharfedale and Craven Community Palliative Care Team** is based at Manorlands Hospice, Sue Ryder Care, in Oxenhope: the Craven team member also has a base at Skipton Hospital. Working hours are Monday to Friday, 8.30am – 5.30pm (a CNS is available for telephone advice 9-5pm Saturday, Sunday and bank holidays). Members of this team can visit you in your own home or care home, and work closely with your GP and district nurses.

**Telephone number:** 01535 642308

## **Bradford**

**Bradford Hospital Palliative Care Team** visits patients in Bradford Royal Infirmary and St Luke’s Hospital. Working hours are Monday to Friday, 8.30am – 4.30pm.

**Telephone number:** 01274 364035

**Bradford Community Palliative Care Team** visits you in your own home or care home and work closely with your GP and district nurses.

Working hours are Monday to Friday 8.30am – 4.30pm.

**Telephone number:** 01274 221151

## **Gold Line**

The Gold Line is a single point of contact for patients or their family/carers offering help, advice and support via the telephone. The service is available 24 hours a day, 7 days a week and can be used whenever a patient or their family/carer feels unsure or concerned about their health. The Gold Line is for people who are being cared for on the Gold Standards Framework (this means they have a serious illness and may be approaching the last year of their life). The calls are answered by senior nurses at Airedale Hospital. The nurses give advice and support and will contact other services that may be needed, including a doctor, community nurse, the hospice and others. By providing extra advice and support at home, it may be possible to avoid going into hospital. However, if needed, admission to hospital or hospice can be arranged. A nurse or doctor will need to refer you to access this service.

## **Out of Hours/Bank Holiday Service**

In addition to the working hours of the teams, there is a 24 hour/7 days a week consultant on call service which your doctor or nurse can call for advice via the hospice. Information regarding all services is available via the website at <http://www.palliativecare.bradford.nhs.uk>

## **Hospices**

There are three hospices in the area. They offer admission for help with difficult symptoms, emotional problems, rehabilitation and care in the last days of life. They also offer day therapy and bereavement support. The hospices can provide you with information booklets, and arrangements can be made through your doctor or nurse for a visit to show you around and explain their services.

The hospices are:

## **Sue Ryder Manorlands**

Hebden Bridge Road,  
Oxenhope, Keighley  
BD22 9HJ

**Telephone number:** 01535 642308

<http://www.sueryder.org/what-we-do/Care-centres/Manorlands>

## **The Marie Curie Hospice, Bradford**

Maudsley Street  
Bradford  
BD3 9LE

**Telephone number:** 01274 337000

<https://www.mariecurie.org.uk/help/hospice-care/hospices/bradford>

## **Pendleside Hospice**

Colne Road  
Reedley  
Burnley  
Lancashire  
BB10 2LW

**Telephone number:** 01282 440100

<http://www.pendleside.org.uk>

## **Palliative Care Support Services**

**Airedale Palliative Care Support Team** is based at Canalside Health Centre. This team works alongside existing community services to provide nursing care towards the end of life for Airedale and Wharfedale residents. Working hours are Monday to Sunday 8.00am – 10.00pm

**Telephone number:** Nursing team: 01274 322007

**Bradford Palliative Care Support Team** This team works alongside existing community services and the out-of-hours service to provide nursing care towards the end of life for Bradford City and District residents. Working hours are Monday to Sunday 8.00am – 10.00pm.

**Telephone number:** 01274 256131

**Marie Curie Nursing Service** works in the Bradford, Airedale, Wharfedale and Craven districts to complement existing services. The service predominantly provides Health Care Assistants and Registered Nurses for periods of nursing care 10pm – 7am. This service can be arranged via your district nurse.

## **Other useful support agencies in the area**

Listed below are some useful sources of help and support.

### **Cancer Support Bradford and Airedale**

Daisy House Farm, 44 Smith Lane, Bradford BD9 6DA  
(Mon – Fri 9.00am – 5pm)

**Telephone number:** 01274 776688

**Fax:** 01274 776555

**Email:** [support@bradfordcancersupport.org.uk](mailto:support@bradfordcancersupport.org.uk)

Welfare Benefits: 01274 776688

[www.bradfordcancersupport.org.uk](http://www.bradfordcancersupport.org.uk)

### **Cancer Support Skipton**

45A Armoury House, Otley Street, Skipton BD23 1EL

**Telephone number:** 01274 776688

**Fax:** 01274 776555

**Email:** [support@bradfordcancersupport.org.uk](mailto:support@bradfordcancersupport.org.uk)

[www.bradfordcancersupport.org.uk](http://www.bradfordcancersupport.org.uk)

**Carers' Resource**

Unit 15  
Park View Court  
St Paul's Road  
Shipley  
BD18 3DZ

**Telephone number:** 01274 449660

<http://www.carersresource.org>

**Carers' Resource**

Broughton Hall Business Park  
Skipton  
BD23 3AN

**Telephone number:** 01756 700888

**Citizens Advice Bureau**

**Bradford Telephone number:** 03442 451282

<https://citizensadvice.citizensadvice.org.uk/bradfordandairedalecab.htm>

**Craven Telephone number:** 03444 111444

**Email:** [advice@skiptoncab.cabnet.org.uk](mailto:advice@skiptoncab.cabnet.org.uk)

<https://citizensadvice.citizensadvice.org.uk/cravenandharrogedistrictscab.htm>

**For sources of help and support regarding other illnesses and self-help groups, please ask your health professionals**

We welcome any suggestions on how to improve our service. Please discuss these with a team member. If you feel your problems have not been dealt with satisfactorily, please contact the team who have been providing your care.

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**Palliative Care Services in Bradford, Airedale, Wharfedale and Craven**

**[www.palliativecare.bradford.nhs.uk](http://www.palliativecare.bradford.nhs.uk)**

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