

# Guide to Preferred Priorities for Care

National End of Life Care Programme  
*Improving end of life care*

## Preferred Priorities for Care





## Who is the Preferred Priorities for Care (PPC) document for?

The PPC is for anyone who wishes to plan for their future end of life care. It gives you an opportunity to think about, talk about and write down your preferences and wishes.

You might have had an illness for a long time, or an illness that cannot be cured. You might have had a life changing event such as the death of a family member or admission to a care home.

## What is the PPC document for?

The PPC can help you and all involved in your care understand and record what is important to you. This information can be used in the future if others have to make decisions on your behalf.

You might wish to refuse specific medical treatments. The PPC is not meant for this purpose; it is advisable to discuss this with your doctors.

## Should I talk to other people about my PPC?

When you have completed your PPC you are encouraged to keep it with you and share it with those involved in your care. Unless people know what is important to you, they will not be able to take your wishes into account.

## Will my preferences and priorities be met?

What you have written in your PPC will be taken into account when planning your care. However, sometimes things can change unexpectedly (like carers becoming over-tired or ill), or resources may not be available to meet a particular need.

## What should I include in my PPC?

Include anything that is important to you or that you are concerned about. What you would and would not like to happen, including where you would like to be cared for in the future and at the end of life.



## How to obtain your PPC document

Contact your

- District Nurse
- GP
- Specialist nurse
- Social Carer

Or download a copy from [www.endoflifecareforadults.nhs.uk](http://www.endoflifecareforadults.nhs.uk)

For further information read "Planning your Future Care- a guide"  
available at [www.endoflifecareforadults.nhs.uk](http://www.endoflifecareforadults.nhs.uk)

## The PPC

This initiative was developed in Lancashire and South Cumbria. It can be used by anyone who wishes to record their thoughts about future care.